

Why me?

It's likely that thousands of humans alive today have had contact with extraterrestrial beings and don't remember or choose to acknowledge the events. But it's unlikely that every human being is an experiencer. Experiencers are unique. And regardless of the nature of their contact, most of them want to know why they were chosen instead of someone else.

Many experiencers believe they were specifically targeted for contact, although they don't consciously know why. But according to data collected by the FREE Study, out of 1,153 individuals who had experienced contact and who responded to the question, "*Did the ETs ever tell you why you were being targeted for contact?*", 838 said *No* and only 315 said *Yes*.

Contact with extraterrestrial beings is an experience that can reach deeply into an individual's physical, emotional and spiritual life, and even if ETs do share their reasons, often it's easier for an experiencer to bury the memories and knowledge of the events deep in their subconscious mind than to deal with them consciously.

But the question remains - why do certain people experience contact with ETs while others do not? Do ETs exercise specific criteria for selecting which humans to connect with or is it merely random? While we don't know for certain, there are theories, and we may be able to come close to an answer by looking at some possible determinants for why you were chosen and another person wasn't.

Demographics

Unfortunately, looking at demographics for clues is not particularly helpful. According to the few surveys and studies published to date, class, education, geographic location of residence, and race or ethnicity don't appear to mark an individual for ET contact. Human-ET contact appears to cut across all those barriers. Some countries report more UFO sightings than others, but don't report statistics regarding contact experiences. And while some studies do indicate differences with respect to sex and age, no formal determinations or conclusions have been drawn there either. Unfortunately, to date, demographics yields no clear answer to this question.

Agreements

Many experiencers report that at some point, either before their birth or in early childhood, they made an agreement with a specific ET group or family to complete a mission during their life on Earth. They may not recall the exact details, but they often feel this very strongly and believe the choices they have made in life and the underlying principles they live by are based on that agreement. In addition, they may continue to receive guidance from their ET families or groups in support of their mission via physical or psychic contact throughout their life. Did you make an agreement with an ET group or family to complete a mission during your earthly life? If so, that may be why you are experiencing contact.

Psychological characteristics

Because contact with extraterrestrial beings seems too fantastic to be real, it's easy to assume that experiencers are unable to distinguish between fantasy and reality. According to several accepted studies, however, there is no solid evidence that experiencers are more fantasy prone or suffer from psychological issues more than other members of the general public.

On the whole, people who report seeing UFOs are not stupid, crazy or social outcasts, but many experiencers do describe themselves as being spiritually aware, open-minded and interested in higher consciousness and personal development. Could this way of thinking and believing be an attribute that ETs seek out in the humans they choose to have contact with and one that you possess? If so, perhaps that's why they are drawn to you.

Physiological traits

It appears that specific physiological traits, such as blood type and genetic history, may be factors in why extraterrestrial beings are interested in certain humans. This may account for reports that contact frequently runs in families. There is also some indication that individuals with Rh-negative blood may be more likely to have contact with ETs and that the condition may actually exist as a result of genetic manipulation of humans in our ancient past. If members of your family are experiencers and if you have Rh-negative blood, that may explain why you have been chosen for contact.

Human-alien hybrids

Some individuals believe they not only participate in contact events, they are actually products of interbreeding between humans and extraterrestrial beings - human-alien hybrids. In a human-alien hybrid, human traits tend to be dominant, but it is common for the individual to exhibit physiological and anatomical traits and conditions that members of their human family do not. In addition, hybrids may exhibit advanced mental and psychic abilities and the ability to receive communications or downloads of information from their ET families or groups. Although some hybrids report that they have been in conscious communication with their ET families from birth or early childhood, others say they didn't know who they were until later in life when it was revealed to them. If you are experiencing ET contact, is it possible that you are part human and part ET?

ETs incarnating as humans

For most Ufologists in the western world, the subject of incarnation belongs to the realm of religion. But some individuals believe they are actually alien souls incarnated in human form on Earth. Similar to human-alien hybrids, these beings have a purpose for taking on human lives which they may be aware of from childhood or not until later in life.

In her book, *Human by Day, Zeta by Night: A Dramatic Account of Greys Incarnating as Humans*, Judy Carroll tells the story of her life as an alien soul incarnated in a human body. She had a normal human childhood and didn't discover that she was different from others around her until she was an adult, when she had a sudden and shocking realization of the truth. Now she is a normal, happy woman with a job and a family who writes and teaches about the relationship between extraterrestrial beings

and humans. But at night, when her body goes to sleep, her soul leaves and travels to a spaceship where she works with her alien family in their mission to assist the awakening of human consciousness to higher levels of awareness. If her story sounds familiar to you and you think it's possible that you, too, are an alien soul in a human body with a mission on Earth, that may explain why you are in contact with extraterrestrial beings.

Messages

Many experiencers report receiving information and messages from alien beings during contact experiences, and some believe they serve as messengers or liaisons between ETs and mankind, to help humanity understand why alien groups are on Earth and how we can benefit from their presence. The information may come to them in the form of psychic contact or downloads of information either during contact or later, and may deal with everything from science and technology to social and political information, knowledge germane to life on Earth, and advice and guidance personally relevant to specific individuals.

The messengers then relay this information to humanity through various means. Some work as healers, therapists or teachers, some share their messages through the arts and music, and some communicate ET information as writers - essentially, through whatever method they feel can best serve humanity.

The FREE Study reported the following responses to four of their questions about alien messages:

“Did the ETs impart reassuring messages to you?” Out of 1,168 responses, 710 experiencers said *Yes*.

“Did the ETs provide a spiritual message to you?” Out of 1,176 responses, 631 experiencers said *Yes*.

“Did the ETs give a message of Love or Oneness to you?” Out of 1,214 responses, 663 experiencers said *Yes*.

“Did the ETs give you an environmental message regarding Earth?” Out of 1,192 responses, 465 experiencers said *Yes*.

Were you chosen to relay messages from extraterrestrial beings to Earth? If so, that may be why you are experiencing contact.

So why were you chosen?

You may never know the answer to this question, for sure, unless the ETs you are in contact with tell you. But I believe many experiencers, in their deepest heart-of-hearts, do know the answer, even though they may not be consciously aware of it. It is an important question, though, not just for individual experiencers, but for everyone. If you don't know the answer and you want to, keep asking, be patient with yourself, keep your mind and heart open, and don't accept any answer that doesn't sound like truth to you. Like all the other forbidden questions, there is an answer - it just may take a while to find.